

Handout 5A

Name _____

Journal Reflection: I Am Thankful

List five things or people in your life that you are most thankful for.

1.

2.

3.

4.

5.

Write a prayer to God thanking him for these things or people.

Handout 5B

Name _____

Journal Reflection: My First Communion

1. What do you remember most about your First Communion?
2. Do you think you were old enough to really understand what the sacrament means? Explain.
3. How has your understanding and appreciation of the Eucharist deepened as you have grown older?

Handout 5C

Name _____

Bible Activity: The Wedding at Cana

Read about the wedding of Cana (Jn 2:1–12). Write a paragraph explaining how you think this Scripture story relates to Jesus the true vine and the Eucharist today.

Handout 5D

Name _____

Bible Activity: Three Meal Stories

In a small group, read and compare these three meal stories found in the New Testament. Then answer the three questions.

- **Emmaus (Lk 24:13–35)**
- **Jerusalem (Lk 24:36–43)**
- **Sea of Tiberius (Jn 21:1–14)**

1. What do the three stories have in common?

2. What are the differences among the stories?

3. How are these meals like the Eucharist?

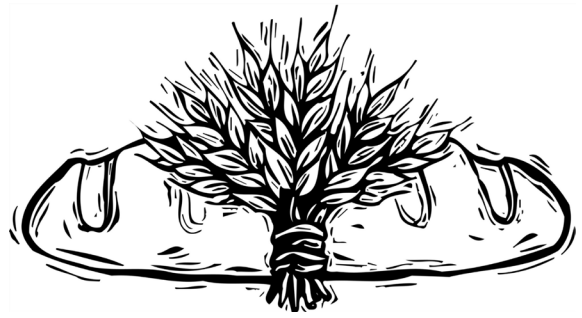
Handout 5E

Name _____

Journal Reflection: The Multiplication of the Loaves

Reread one of the following Gospel passages about the multiplication of the loaves:

- Matthew 13:13–21
- Matthew 15:32–39
- Mark 6:32–44
- Luke 9:10–17
- John 6:1–13



Imagine yourself as one of the people there when Jesus performed this miracle. Then complete the following:

1. Tell who you are and why you have followed Jesus throughout the day.
2. How do you react when Jesus asks if anyone has any food to share? Why do you react this way?
3. How do you think Jesus is asking you to share your food (possessions, talents, time) with others today?