Name\_

Date

***Your Life in Christ***

Chapter 1 Directed Reading Worksheet

*The Gift of Being Human*

**Directions**: Read through the chapter and fill in the missing information. All the questions run sequential to the chapter. If a true/false statement is false, correct it.

**Introduction: *The Unique Gift of Being Human*** *(pages 3–5)*

1. True or False? We are endowed with Godlike qualities to choose, think, love, and related to others.

2. Why did God create us in his image and likeness?

3. The Church, filled with the life of the , is a communion of love. God is the communion of

Father, Son, and Holy Spirit, united in a free and eternal of love. We too are created with the ability to

and relate to others in , and to share the very love that Father, Son, and

Holy Spirit.

4. Because God created us as persons and our bodies by the gift of a soul, we can

God’s Trinitarian life of love by forming a of love with others in community. As human beings, we have the capacity to enter into a relationship with God. Only and humans can know and love God.

**Section 1: *Humans Are Made in God’s Image*** *(pages 6–12)*

5. What are five truths we learn about God in the first creation account in the Book of Genesis?

6. True or False? Pope John Paul II observed that only the human body is capable of making visible what is invisible or spiritual.

7. True or False? All of creation is sacred, including our bodies, belong to God and should be treated with reverence.

8. A starting point for understanding is to admit that we are not God, rather, we are . As part of the covenant we have with God, he has the , ability, and power to ask certain

behaviors of us. Through the gift of , he makes possible behaviors. Acknowledging God,

his goodness, and worshipping him are behaviors of a moral person.

9. What are two reasons why people must care for the environment responsibly?

10. True or False? To say that God created humans as incompatible beings means that males and females needs and completes the other, that neither are superior to the other, and that they combine to bring out the best in one another.

11. True or False? Only through the committed union of a husband and wife in marriage can the natural procreation and education of children take place in a setting that is secure, nurturing, and consistent with what God intends.

12. God created with a view to the of Christ and the Church. It is a

because the unity between Christ and his Church becomes in the union between a man and woman. Consequently, to change the of marriage entails changing the meaning of Christ’s relationship to the .

13. The author says that the complementary and sacramental relationship between man and woman has been confused in recent times as an attempt to define and normalize same sex relationships as marriage. Explain.

14. True or False? Personhood is based on genetic makeup.

15. Explain what the U.S.C.C.B means when they say that marriage is never just a “private” issue.

16. True or False? The Genesis accounts of creation accurately reflect the philosophy of nihilism.

17. After the creating , in the first creation account, “God looked at everything he had made, and found it

.” In the second account, humans were in a state of original and original , sharing in the divine life and . It affirms the fundamental of human beings and notes how they were created to be in with God.

18. What were the unfortunate consequences of the loss of original holiness and original justice?

19. True or False? The Sacrament of Reconciliation imparts the life of Christ, erases Original Sin, and turns a person back toward

God.

**Section 2: *The Dignity of the Human Person*** *(pages 13–20)*

20. True or False? Having dignity means all people living on this planet have worth and value; it is a characteristic that we do not earn.

21. Explain how human dignity is inherent, inviolable, and inalienable.

22. The beginning of living is to respect everyone. Showing means refraining from using people as a

to an end and as rather than people. It means everyone is a , not a something and that every person merits respect, regardless of social , accomplishments, education, skin color, , sexual orientation, religion, nationality, background, or contributions to society.

23. True or False? God created most of us with both a body and a spiritual and immortal soul and these together make each of us a single, unique person.

24. What realities are given to us by our human souls?

25. Humans are the only earthly creatures who “ ,” meaning we are rational beings. Because of our

we can discover which will lead us to recognize the of God urging us to do good and avoid evil. We are to follow the divine law which is made known through our and fulfilled by loving and neighbor.

26. Explain the importance of the gift of free will.

27. True or False? Because of our instinct, human beings are able to make free choices, to make ourselves good or bad.

28. How does the author define love?

29. What makes our actions either moral or immoral?

30. True or False? Choices build a person’s moral character: good choices build it up and bad choices tear it down.

31. Our God-given can help us become more virtuous. The more we ourselves to practice the

, the better and more moral we will become. The virtues – faith, hope, and charity –

bring life to our moral actions and give them their special . Human virtues rooted in the theological virtues

our actions and help us make choices.

32. What examples does the author give of how we may have individually learned and improved following mistakes and sins? What about humanity collectively?

33. Using the sidebar on human development in the womb before birth, identify the correct period with each of these descriptions:

 The baby can swallow and open and close his or her mouth

 The baby weighs about 2 – 2.5 pounds and can open his or her eyes and more arms and legs freely

 The baby’s organs develop enough to function on their own.

 The baby can hear sounds, can kick, cry, or hiccup

 The child’s gender, hair color, and eye color have been determined and the heart has begun beating.

**Section 3: *The Social Nature of Humans*** *(pages 21–24)*

34. What is the vocation of every person?

35. The Church teaches that the most are obliged to share their fortune with others, especially those

in need. This is because the is “the principle, subject, and object” of every

society. gives us the spirit of generosity and helps us that people are members of the same human family, called to each other.

36. True or False? Catholics should help to eliminate sinful inequalities of wealth and social status.

37. True or False? The Church teaches that not all people have the right or duty to participate in the various societies to which they belong.

38. What are two ideas that the common good requires of both individuals and societies?

39. The principle of says that larger societies should support the participation of and lower-level communities without taking over functions these units can handle themselves. Those in authority must serve the and use their power in morally acceptable ways, promoting

which brings stability and security so that can take place.

40. What examples of the subsidiarity are provided by the author?

**Section 4: *Jesus Is the Savior of Humanity*** *(pages 25–27)*

41. God sent his Son, Jesus, to how to live a moral life. Because of , we are subject to ignorance, suffering, and the domination of . This Original Sin has afflicted the human race and is harmful to both and society. Human proves that humanity remains in need of a

to deliver us from the condition of sin.

42. How does the CCC define salvation?

43. In what way is Jesus the Savior?

44. True or False? The Holy Spirit – sent by God the Father and God the Son – unleashes his power and graces on the world so that everyone is capable of living holy and moral lives.

45. True or False? Catholics gain new life in the Holy Spirit through acts of selfless charity whereby the stain of Original Sin is wiped from their souls.