

Name \_\_\_\_\_

Date \_\_\_\_\_

**Jesus Christ: Source of Our Salvation**

Chapter 9 Directed Reading Worksheet

*Discipleship Through Prayer*

**Directions:** Read through the chapter and fill in the missing information. All the questions run sequential to the chapter. If a true/false statement is false, correct it.

**Introduction: *What is Prayer?* (pages 315–317)**

1. Prayer is a key to \_\_\_\_\_ because it strengthens one's relationship with the \_\_\_\_\_ and lessens sin's hold on us, \_\_\_\_\_ us from evil. While God \_\_\_\_\_ answers prayer, he does so in different ways, but his response is always \_\_\_\_\_, intended to guide each person toward \_\_\_\_\_, transforming the person praying by providing the grace of \_\_\_\_\_.
2. True or False? Strengthened by regular conversation with God, we are better able to live according to God's will. (p. 326)
3. Why is prayer a vital necessity in growing in union with God? What else is essential to the Christian life?

**Section 1: *Ways You Can Pray* (pages 318–326)**

4. Prayer highlights our \_\_\_\_\_ on God. \_\_\_\_\_ are normal and they can sometimes help us recognize what we might be overly \_\_\_\_\_ about. The battle against distractions requires \_\_\_\_\_ and sometimes they come from our own lack of faith or \_\_\_\_\_. One way to deal with distractions is to \_\_\_\_\_ at a crucifix, holy picture, icon, or lighted candle as you think about \_\_\_\_\_.
5. True or False? Spiritual dryness can be a special occasion that God gives us to share in the Resurrection of Jesus.
6. True or False? God hears our prayers and God will answer us with immediate results. In his time and in his way.
- 7.
8. True or False? Prayer is an important part of our own connection with God and the plan he has for our lives.
9. True or False? It is important to set aside both a place and time for prayer.
10. List the three suggestions made in the text for remaining focused and committed to prayer.
11. What are we battling against when we pray?

12. We experience God and pray to him through our \_\_\_\_\_ and senses. In \_\_\_\_\_ prayer, we use spoken words, but listening to God as well. In \_\_\_\_\_ we “tune in” to God using thoughts, \_\_\_\_\_, imagination, and desires. \_\_\_\_\_ prayer usually centers on Jesus and involves \_\_\_\_\_ to God while contemplation is silent, wordless prayer, with our \_\_\_\_\_ fixed on him.
13. True or False? In meditative prayer we empty our minds of thoughts and images and simply allow God’s presence to penetrate our being.

*Fill in the appropriate form of prayer on the right with the correct description on the left.*

- |           |   |              |
|-----------|---|--------------|
| 14. _____ | Asking God to provide what we need either materially or spiritually, also known as supplication                               | Blessing     |
| 15. _____ | Acknowledging that God is God not just for what he does, but simply for who he is   | Adoration    |
| 16. _____ | Humbly acknowledging God as the loving Creator of everything we are in his creation   | Petition     |
| 17. _____ | The recognition that our lives are a pure gift from god and that he deserves constant thanks, even in difficult circumstances | Intercession |
| 18. _____ | Asking God to show his graces upon oneself or others  | Thanksgiving |
| 19. _____ | A special form of petition when we pray for the interest of others, even enemies  | Praise       |

20. How does one pray before the Blessed Sacrament?

21. True or False? The Forty Hours’ Devotion is closely connected with another traditional Catholic prayer practice: praying before icons.

22. True or False? Novenas are prayed over nine days in imitation of the number of days between Palm Sunday and the Resurrection. (p. 325)

23. What is an icon?

24. What is the Jesus Prayer?

**Section 2: How to Pray with Scripture** (pages 328–335)

25. True or False? Examples of prayer in Scripture remind us that while God continually seeks out his people, people see him too, though they are weakened by sin.

26. The psalms are \_\_\_\_\_ that have appeal for all times. Originally \_\_\_\_\_ in the Temple, \_\_\_\_\_, and in family and personal settings, they capture human \_\_\_\_\_ of joy and awe before God's creation, confidence and trust, \_\_\_\_\_ and sorrows, thanksgiving and \_\_\_\_\_. Collectively, they are called the \_\_\_\_\_.
27. What is unique about the psalms?
28. True or False? King David composed psalms.
29. True or False? Jesus learned to pray from both his parents and Jewish tradition.
30. Summarize examples of Jesus at prayer from the Gospels.
31. What prayer did Jesus teach his disciples when they asked him to teach them how to pray?
32. Mary was someone who prayed \_\_\_\_\_. She shows us how to \_\_\_\_\_ with the graces the Holy Spirit showers upon us in her \_\_\_\_\_ to God and to his will. We should not only imitate Mary but pray for her \_\_\_\_\_. Prayer, especially in union with the Blessed Mother, helps you to grow closer to \_\_\_\_\_ and to live a life of Christian \_\_\_\_\_.
33. How should we read Sacred Scripture differently than we read a history book?
34. The \_\_\_\_\_ is based on two truths: first, the Paschal Mystery \_\_\_\_\_ and transfigures the various times of each day. Second, praying constantly helps us make the \_\_\_\_\_ holy. The Liturgy of the Hours is part of the \_\_\_\_\_ set of daily prayers prescribed by the Church. It is traditionally recited by \_\_\_\_\_ and professed members of \_\_\_\_\_ orders on behalf of the \_\_\_\_\_ Church.
35. Lectio divina is a \_\_\_\_\_ reading of Sacred Scriptures when we can \_\_\_\_\_ God and allow the Holy Spirit to lead you into deeper \_\_\_\_\_ with him. This method of prayer begins with reading a short Scripture \_\_\_\_\_ slowly and attentively allowing the \_\_\_\_\_, emotions, memory, desires, and thoughts \_\_\_\_\_ the written text.

36. List the five steps of Lectio divina.

**Section 3: Jesus Teaches His Disciples to Pray (pages 336–342)**

37. The \_\_\_\_\_ prayer among all Christian prayers is the \_\_\_\_\_ because it was the prayer that Jesus taught his \_\_\_\_\_. He not only provided the \_\_\_\_\_ for this prayer, but also sent the \_\_\_\_\_ to teach his disciples how to pray it. The Lord's Prayer has been used in the \_\_\_\_\_ of the Church from the earliest centuries and in all the \_\_\_\_\_.
38. The Lord's Prayer in \_\_\_\_\_ Gospel has seven parts and is set as part of Jesus' \_\_\_\_\_. The first three petitions are petitions of \_\_\_\_\_ to God while the last four are driven by concerns for the \_\_\_\_\_ world. In Luke, after teaching them the prayer, Jesus tells the disciples two \_\_\_\_\_ that stress important \_\_\_\_\_ you should have when you pray.
39. What two important truths does Jesus emphasize by inviting us to call God "Father?"
40. What is God's will on earth for us?
41. Explain the Greek term "parrhesia" in relation to the Our Father.
42. Briefly explain the two movements of the Hail Mary.
43. The first words of the \_\_\_\_\_ come from the greeting by the angel \_\_\_\_\_ at the Annunciation. The next part recalls the words of Mary's cousin \_\_\_\_\_ when Mary came to visit her. The second movement emphasizes Mary's role as the \_\_\_\_\_ of the Son of God and also acknowledge that as \_\_\_\_\_ we reach out to Mary as the Mother of \_\_\_\_\_, desiring her presence at the moment of our \_\_\_\_\_.