

Chapter 9

The Pauline letters contain several prayers and blessings, including the one that follows.

Prayerfully read the following passage:

For this reason I kneel before the Father, from whom every family in heaven and on earth is named, that he may grant you in accord with the riches of his glory to be strengthened with power through his Spirit in the inner self, and that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who is able to accomplish far more than all we ask or imagine, by the power at work within us, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

—Ephesians 3:14–21

- *Reflection:* List in writing five ways that God has shown you “the breadth and length and height and depth” of his love for you.
- *Resolution:* Ask the Lord in prayer for an increase in the virtues of faith and love.