# Chapter 3 Prayer Service

Leader: A litany is a list of prayer intentions that we can present to the Lord as a group. After each petition, please join me in saying the aspiration in response. Let us begin.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Leader: Let us take a moment of silence to call to mind our worries and needs so that we can present them to the Lord.

Reader: When I turn away from you and follow where temptation leads me…

All: Jesus, have mercy on me.

Reader: When people look down on me for my faith, let me remember…

All: Jesus, my Friend and Savior, I love you.

Reader: When I feel tired, sad, or overwhelmed by my responsibilities…

All: Help me, Lord Jesus.

Reader: When I recognize your providence and presence in my life…

All: Praise God!

Reader: When I feel forgotten, rejected, or alone…

All: Mary, Mother of God, pray for me.

Reader: When I am having a hard time making a decision…

All: Come, Holy Spirit.

Reader: When I feel worried about what the future may hold…

All: Jesus, I trust in you.

Leader: Heavenly Father, we bring you these petitions today, trusting that you hear us and will answer us. Be our protection and guide today and every day, so that we may one day experience eternal rest and happiness in Heaven with you. We ask all of this through Christ our Lord. Amen.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.