

Name _____
Period _____
Date _____

Our Catholic Faith: Living What We Believe
Directed Reading Guide
Chapter 10, *Prayer*

Directions: Read carefully through Chapter 10 and then use the text as a reference to locate answers for the questions. All questions in this *Directed Reading Worksheet* are taken in sequential order from the chapter – first questions from the early sections of the chapter; last questions from the end of the chapter, etc. Answer **True or False** questions by circling the word True or False at the beginning of the question. **Fill-in-the-Blank** questions must often be answered with more than one word per blank. (Refer to your text often!) Write your own **Short Answers** for the other questions.

Pages 244-245 *Letters to God*

1. What is prayer?
2. Prayer should be something totally _____ and part of our everyday lives. As food is to our _____, prayer is to our _____, it helps us grow _____. If you are too busy for _____, you are too _____.

Pages 245-246 *What is Prayer?*

3. According to St. John Damascus prayer is “_____.”
When we pray we consciously pay attention to _____. We direct our _____ to the loving God who calls us.
4. What are the two parts of prayer?
5. Describe some different ways of praying.
6. Prayers of blessing and _____ lead to praise in which we sing to and glorify God because he is _____, gracious, loving and _____. God _____ our love, blessing, and adoration, and praise for _____. True praise of God includes no _____ motive, because we take joy in our loving God _____.
7. When we _____ God in prayer we are _____ favors, asking him to give us what we need, especially the gift of the _____ who will help us live _____ lives. Prayers of petition include _____ in which we ask our merciful Father to forgive our sins and prayers of _____ in which we pray for others.
8. Thanking God in prayer shows that we _____. The _____ is a very special kind of prayer of _____. In this _____ prayer, we bless, adore, praise, and thank God for all the _____ he has given us. When we receive _____ our Lord Jesus lives and _____ us to God and all our _____ brothers and sisters.
9. In the listening part of prayer, we allow _____. He does so through our _____, feelings, imaginations, _____ and memories. To hear God we must _____ ourselves and be prepared to listen.
10. True or False. There are many definitions and descriptions of prayer.
11. Prayer helps us _____ who we really are as beloved children of our loving God and brings us into _____ with him. In prayer we _____ to God and become _____ of how God lives in our hearts, how he _____ us into fellowship with him, and how he is _____ about

every aspect of our lives. Prayer will deepen our _____ with the Lord and give us _____ to live our life as God intended.

Pages 246-248 *The Bible and Prayer*

12. The _____ is a valuable source of information about prayer. Genesis reveals how important _____ is when we pray and Exodus reveals prayer as a _____ that always starts with God. Moses prayed to God as a _____ and represented many occasions of _____ prayer by begging Yahweh to _____ for his people.

13. Additionally, Old Testament leaders _____ prayer to the Chosen People and made the _____ a special place for worshipping God. David modeled the attitudes of _____, praise, and repentance, and he is credited with writing many of the _____, which express our deeply felt _____ on both personal and _____ levels.

14. True or False. Jesus was exposed to a significant amount of prayer as were most practicing Jews of his day.

15. What are five examples of times when Jesus prayed?

16. What are four ways that Jesus prayed?

17. Jesus also prayed for _____ that “they may all be _____, as you, Father are in me and _____ in you.” Jesus also prayed during his _____ when he prayed for all _____ and forgave his prosecutors. His final words are a prayerful act of trust: “_____.”

18. _____ showed two great qualities of prayer. She demonstrated _____ when she accepted the angel Gabriel’s news that she was to become the _____. She demonstrated _____ in her great prayer called the _____ where she credits God for all the _____ that happened to her and through her.

19. True or False. Prayer is unnecessary for Christians.

20. Catholics _____ and adore God alone because worship of any other person or thing would be _____. Catholics do _____ Mary and the saints and pray to them because prayer is a _____, meaning we talk with the saints. We ask for their _____ just like we ask our _____ friends to pray for us when we are in need.

Pages 248-252 *How to Pray*

21. The _____ teaches the Church how to pray primarily through the living _____ of the Church and through the sacred _____. Through the theological _____ the Spirit teaches us that we can pray _____ because God is always _____ to us --- we should pray _____.

22. Explain the five basic points about how to begin a prayer life.

23. True or False. Distractions in prayer, such as a wandering mind or overactive imagination are abnormal.

24. What is the “Jesus Prayer?”
25. Through the ages, Catholics have found it valuable to pray in union with our _____, who shows us how to _____ with the graces of the Holy Spirit and how to live a Christ-like _____. The _____ is special because it _____ God for his goodness shown to Mary and _____ her to pray for us to her beloved _____.
26. Prayers can be said _____ or _____. When you express your _____ in words you are doing what Jesus himself did when he taught the _____. When you pray with fellow _____ you strengthen your spiritual _____ with them.
27. Through prayer of _____ you actively use your _____, emotions, imaginations, and _____ to think about God’s presence in your life. Meditation helps you to “_____” to gain a greater knowledge and love of the Lord so you can _____ him better.
28. _____ prayer typically centers on Jesus. In this type of prayer you _____ with Jesus or reflect on one of the _____ of his life. Sometimes mental prayer can lead to _____, a form of silent, wordless prayer in which you simply _____ in the presence of our all-loving God.

Pages 252-255 *The Lord’s Prayer (Our Father)*

29. True or False. The Nicene Creed is the prime Christian prayer and is central to a Christian’s daily prayer.
30. In the Gospel of _____ the Lord’s Prayer includes only five _____ while in _____ Gospel it contains _____ petitions. Matthew’s version is more familiar because the Church prays it in its _____. The added conclusion is called a _____, or prayer of praise, and it repeats in praise and _____ the first _____ petitions to God the Father.
31. Explain the difference in contexts between Matthew and Luke’s versions of the Lord’s Prayer.
32. The Our Father consists of seven _____. The first three _____ while the last four take our _____ to our loving Father.
33. Referring to God as _____, or Father, suggests Jesus’ Father is our _____ too. We should humbly _____ Abba to care for our _____. Also, because God is our Father, we are _____ to all people.
34. True or False. The words “in heaven” refers to a place.
35. In the ancient world a person’s _____ typically stood for the person such as when Jesus renamed Simon “Peter” which means “_____.” When we “hallow” God’s name we pray that everyone _____ will regard God as _____, the source of all _____.
36. With the coming of Jesus Christ, God’s _____ has broken into our world. God’s _____ will be fully established only at the _____, but we are to live, experience, and _____ for it right now. When we pray “_____” we petition primarily for Christ’s _____. We must join _____ in his work of responding to the needs of our _____ brothers and sisters.
37. True or False. When we “break bread” with others we share fellowship and company with them.
38. What three things are we praying for when we pray for our daily bread?

39. True or False The Lord's Prayer challenges us to share our material goods with others, especially the poor and less fortunate.
40. When we ask God for forgiveness we are admitting that we are _____ who need God's saving love. We acknowledge that we need the _____ who will enable us to _____ of our selfishness and turn to a more loving life of service. Jesus connects _____ forgiveness with the forgiveness of _____. When we forgive those who have _____ us, we are encouraging others to respond to us in _____.
41. The phrase "_____ " asks God to keep us off the _____ that leads to sin, and to help us to be _____ to the end of our lives when we struggle with _____, our final test. This requires picking up the _____ of suffering. It asks for God's _____ to overcome difficulties that might steer us away from a Christian life of _____.
42. True or False. The petition regarding temptations also asks for the Holy Spirit to give us a discerning heart that can distinguish between temptations that strengthen us spiritually and trials that lead us to sin and death.
43. In the final phrase " _____ " we pray that God will deliver us from _____ snares. We beg God to spare us from the _____ of accidents, illness, and natural _____, and to stop our own participation in _____ and evil practices like prejudice. We also pray for the _____ coming of the Lord when all _____ will be forever free from the snares of _____.
44. Why do we end the prayer with the word "Amen"?