

NAME: _____

VALUES OF JESUS: A SELF-CHECK

Jesus is our guide and role model on how to live morally. Below are four important values of Jesus with a scriptural quote to highlight each. Evaluate how your life reflects them now by checking the statements that apply to you.

1. Each individual has worth.

“Are not two sparrows sold for a small coin? Yet not one of them falls to the ground without your Father’s knowledge. Even all the hairs of your head are counted. So do not be afraid; you are worth more than many sparrows.” (Mt 10:29-31)

When I meet others,

_____ I try to see our Lord in them.

_____ I see a brother or sister, a person of worth.

_____ I see a stranger.

_____ I don’t notice others.

2. Doing God’s will is high priority.

“But you, go and proclaim the kingdom of God.” And another said, “I will follow you, Lord, but first let me say farewell to my family at home.” [To him] Jesus said, “No one who sets a hand to the plow and looks to what was left behind is fit for the kingdom of God.” (Lk 9:60-62)

_____ Helping others ranks at or near the top of my list of personal goals.

_____ The pursuit of money or possessions is my top priority.

_____ Popularity is more important to me than anything else.

3. We should deny ourselves as we sacrifice for others.

“Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life. Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.” (Jn 12:24-26)

_____ I sometimes deny myself some pleasure to help develop self-discipline.

_____ I try to think of fulfilling the needs of others rather than always immediately taking care of my own.

_____ I often defer to others, believing Jesus when he says the first will be last, and the last will be first.

_____ I think it is important to look after myself. If I don’t make sure I have what I need, who will?

4. Love everyone, even your enemies.

“But to you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.” (Lk 6:27-28)

_____ I am able and willing to forgive those who hurt me.

_____ I usually offer my help if I can get something out of it.

_____ I make a special effort to help those who are tough for me to love.

_____ I pray for those who have hurt me.

_____ I love my friends and family, but if people don’t like me I don’t waste my time on them.

- Which of the above teachings of Jesus do you find the toughest to put into action? Why?

NAME: _____

ARE YOU A BEATITUDE PERSON?

Answer yes (**Y**), no (**N**), or unsure (**U**) to the following questions.

Poor in Spirit _____

Do I recognize God as the source of everything in my life? Do I share my gifts with others?

Mourn _____

Do I empathize with others? Do I do anything to help those less fortunate than I am?

Gentle _____

Am I a gentleman or a gentlewoman? Do I respect others?

Righteous _____

Do I really want to be Christ-like? Do I do anything to grow in holiness?

Merciful _____

Do I forgive others when they hurt me?

Clean in heart _____

Am I an authentic, trustworthy, and trusting person?

Peacemaker _____

Do I go out of my way to solve conflicts?

Persecuted _____

If it were a crime to be a Christian, would there be enough evidence to convict me?

1. Which is the toughest Beatitude for you to put into action? Why?

2. Discuss ways you have “suffered” for your Christian or Catholic beliefs.

3. Read Luke 6:20-23. Note two differences in Luke’s version compared to Matthew’s.