

Name _____ Date _____

Introduction-A

Exploring Ignatian Discernment

- A. Go to www.ignatianspirituality.com. Near the top, click on “Making Good Decisions.”
- B. Your teacher will assign you one of the following subtopics to click on and explore further. Circle the one that you have been assigned:

An Approach to Good Choices

Discernment of Spirits

- C. List ten facts about Ignatian discernment that you find in your assigned section of the website. Write in complete sentences. Make sure that you understand what you are writing and that you can, if needed, explain these facts to your classmates.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

- D. What is one question you have about Ignatian discernment?

- E. Based on what you have learned, in what way(s) do you think Ignatian discernment could be helpful to you, now and/or in the future?
