

## Chapter 8

### Prayer Reflection and Resolution

When recited repeatedly, one-liner prayers are a good way of living Jesus' injunction to "pray always without becoming weary" (Lk 18:1). Compose your own one-line prayers. Begin by selecting three of the titles for Jesus that appear in John's Gospel. You might choose from among *Word of God; Son of God; Lamb of God; Rabbi (Teacher); King of Israel; Son of Man; Christ; Prophet; Bread of Life; Light of the World; Good Shepherd; the Resurrection and the Life; the Way, the Truth, and the Life; and True Vine*. Then compose a prayer for each of your titles. Transcribe your prayers into your journal. Here are some examples:

Jesus, Light of the World, enlighten my mind to follow you.

Jesus, Way to the Father, be my path.

Jesus, Word of God, speak to my heart.

- *Reflection:* Which title of Jesus from John's Gospel speaks most powerfully to you at this stage of your life? Why?
- *Resolution:* Recite your prayer invocations several times during each day of the coming weeks. Reflect on the meaning of each word in your invocations. Remember Jesus' good news to you in John 15:15b: "I have called you friends, because I have told you everything I have heard from my Father."