

Exploring the Religions of Our World YouTube Videos

Chapter 6: Buddhism

Chapter 6: Section 1

Buddhism

<http://www.youtube.com/watch?v=V35UUVs5t60>

Time: 4:48

An overview of Buddhism. No narration; images and video set to music.

Siddhartha Becomes Buddha

<http://www.youtube.com/watch?v=Hki9U5-g75g>

Time: 7:33

An enactment, with commentary, of Siddhartha Guatama becoming the Buddha.

Chapter 6: Section 2

Buddhism 101: Happiness and the Four Noble Truths

<http://www.youtube.com/watch?v=CY-5xgTTVCo>

Time: 8:09

An American Buddhist scholar discusses the Buddhist vision of happiness and the Four Noble Truths. Need not be watched for the full eight minutes.

The Final Truth, The Noble Eightfold Path

<http://www.youtube.com/watch?v=Q2z4MrIY3Yg>

Time: 3:20

Images and text set to music display the Noble Eightfold Path.

Disket Buddhist Monastery Leh Kashmir

<http://www.youtube.com/watch?v=HAzZbuFa5x8>

Time: 1:30

A video of the Disket Buddhist Monastery

Buddhist Monastery in Manal

<http://www.youtube.com/watch?v=ce3E35WFDJE>

Time: 2:45

Segments of amateur video taken at a Buddhist monastery in Manali.

Annakut Morning Puja, Gondal 2010

http://www.youtube.com/watch?v=0yCck7i_9Sg

Time: 12:42

Video of the Morning Puja set to music.

Chapter 6: Section 3

International Buddhist Temple Introduction Video [English]

<http://www.youtube.com/watch?v=ZV4yjdrc69E>

Time: 5:36

An introduction to the International Buddhist Temple.

Lumbini Garden & Ruins – Birthplace of Lord Buddha

http://www.youtube.com/watch?v=GoLVaT_GiEk

Time: 3:04

Amateur photos and videos of Lumbini Gardens, where Siddhartha Guatama was born.

Bodh Gaya: Center of the Buddhist World

<http://www.youtube.com/watch?v=qk-9Ez3xICY>

Time: 3:01

Narrated video of Bodh Gaya, where Siddhartha Guatama became the Buddha.

Chapter 6: Section 4

Relax – Buddhist Meditation Music – Zen Garden – Kokin Gumi

<http://www.youtube.com/watch?v=CR3dM-GlZK8>

Time: 7:09

Calming images and music give an example of Buddhist meditation.