Name Date

Handout 9-A

First Impressions

Respond to both of the following items honestly, with as much concrete detail as you can.

1. Describe a time in which you had a negative impression of someone that turned out to be inaccurate. What was your initial negative impression? Where did you get this information? (For example, perhaps you met the person briefly, or you heard something about him/her, or you saw something posted online.) In what ways was this impression wrong? How did this impression get corrected? What did you learn from this experience?

2. Describe a time in which someone had a falsely negative impression of you that later got corrected. How did it feel to be known falsely? In contrast, how did it feel to be known as who you really are? What did you learn from this experience?