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| **VI. Life in Jesus Christ*****Your Life in Christ: Foundations in Catholic Morality*** |
| **Video/Document Title and****Description** | **URL Video/Document Link** |
| **1. *CCC* Part III: Life in****Christ**This is the sections of the *Catechism* that provides the doctrinal foundation for morality. These sections shed light on the videos below. | <http://www.scborromeo.org/ccc/p3.htm> |
| **2. The Sermon on the****Mount and Lord’s Prayer** This is the excerpt from *Jesus of Nazareth* focuses on chapter5 of Matthew, the Sermon on the Mount and the teaching of the Our Father. Jesus teaches how to live a moral life of perfection. | <https://youtu.be/MDCbJ4vnMNg> |
| **3. The Beatitudes: The****Key to Joy**Bishop Robert Barron points to the four “P’s” as the world’s way to be happy: power, pleasure, prestige and possessions. He then compares those words to the happiness shared by Jesus gives us in the Beatitudes. He points out the importance of detachment from worldly things so that we are free to bevirtuous and more happy. | <https://youtu.be/XHmTcxYHzy8> |
| **4. Happiness**Everyone wants to be happy. | <https://youtu.be/liIdQ-m8Qtw> |



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| Every goal we have is ultimatelyfor happiness. This video connects our pursuit of happiness and our faith in God.It points to Jesus’s goal for us. "I have told you these things so that my joy may be in you, and your joy may be complete!"(John 15:11) |  |
| **5. “There has to be More than This!” Tom Brady**In this video football quarterbackTom Brady is interviewed on *60**Minutes* and he talks about how everything the world says will make us happy is, in the end, not enough. There has to be more. | <https://youtu.be/UHSfiKAtPzk> |
| **6. Values vs. Virtue**Dr. Ed Sri discusses the importance of developing virtue as a moral skill. He cites the*Catechism* to define virtue as ahabitual disposition to do the good. He makes an important distinction between values and virtue. | <https://youtu.be/HvkyIlyQDb0> |
| **7. Theological Virtues**This video is a thorough overview of the *Catechism’s*section on the theological virtues. It points to the theological virtues as the foundation of Christian moral activity and how they are | <https://youtu.be/kD6J7_NMTQc> |



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| infused by God into our soulsthrough grace received in the sacraments. |  |
| **8. Navigation: Developing a Moral Compass through Reason and Conscience**An exploration of the many paths we can choose to walk down in life and the importance of free will to choose the most important path. The video shows how reason and conscience act as our built in navigation system. Clever analogies are used. | <https://youtu.be/axliNB8f4KQ> |
| **9. Freedom for****Excellence**In this video clip, Bishop Robert Barron clarifies the Catholic idea of freedom. He defines freedom as it relates and depends on detachment and virtue. | <https://youtu.be/jc6NLaDJEpo> |
| **10. Morality of Human Acts: Object, Intent, Circumstances**In this video the morality of an | <https://youtu.be/_fuCIJ2iEIU> |



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| act is examined using the*Catechism’s* three parts:object, Intent and, circumstances. They are discussed as a way to determine the morality of an act as either good or bad. |  |
| **11. C.S. Lewis Doodle: Right and Wrong**C.S. Lewis gives us a way todiscover the objectivemeaning of right and wrong by appealing to a common standard. | <https://youtu.be/QmHXYhpEDfM?list=PL9boiLqIabFgjeaTcx_LLsXrguKfeqLmn> |
| **12. Truth: Objective vs. Subjective**This video takes aphilosophical approach to exposing the problem of moral relativism. | <https://youtu.be/yzzP9DeX_Jo?list=PL4EAFD5C1528C8F94> |
| **13. The Conversion of an Atheist Based on the Morality Argument**Atheist turned Catholic, IvyLeague blogger, Leah Libresco shares her journey from deontological ethics to virtue ethics and finally to | <https://youtu.be/kThUVIe704I> |

entrance into the Catholic faith.