

Chapter 7

At the Heart of the Journey: God's Prophets

Called to Prayer

Then the Lord said: Go out and stand on the mountain before the Lord; the Lord will pass by. There was a strong and violent wind rending the mountains and crushing rocks before the Lord—but the Lord was not in the wind; after the wind, an earthquake—but the Lord was not in the earthquake; after the earthquake, fire—but the Lord was not in the fire; after the fire, a light silent sound. When he heard this, Elijah hid his face in his cloak and went out and stood at the entrance of the cave. A voice said to him, Why are you here, Elijah?

—1 Kings 19:11-13

- *Reflection:* What is the significance to you of how God appears to Elijah? Why do you think God chose to reveal himself in this way? Have you felt God's presence in silence before?
- *Meditation:* Imagine that you are Elijah in the midst of wind, earthquake, and fire. How do you feel when you sense the light silent sounds whispering by you? Would you recognize God?

Resolution: Examine a normal school day for yourself. Do you have time built into your day to be silent and away from distractions? Work to set aside time that allows you to be silent and listen for the quiet voice of God in your life.