

Catholic Essentials: An Overview of the Faith

Section Review Questions

Chap. 5: Lesson Questions

Lesson 1:

1. What did St. Paul stress in his definition of *sacrament*?
2. Share an example of a symbol. Explain why it is so.
3. How is a sacrament an efficacious sign? Explain how the Eucharist is an efficacious sign.

Lesson 2:

1. How is Jesus the primordial sacrament?
2. How is the Paschal Mystery more than a historical event?
3. Name four ways Jesus is really present in the Eucharist. How is he present in the fullest sense?
4. What are three ways the Church is a sacrament?
5. Name and explain three things the Council of Florence said are necessary for each sacrament.

Lesson 3:

1. Why was it difficult to become a Christian in the Roman Empire of the first three centuries?

2. Explain how a deeper understanding of the doctrine of Original Sin led to an increase in infant Baptisms.
3. Name and briefly explain the four steps of today's catechumenate.
4. What are the differences in catechesis and reception of the Sacraments of Initiation between those in the adult catechumenate and babies or children initiated in the Rite of Baptism for Children?
5. Why is Baptism the essential Sacrament?
6. What are the effects of Baptism?
7. How is Confirmation intimately connected with the Holy Spirit?
8. What is the essential rite of the Sacrament of Confirmation?
9. Briefly trace key developments of the Eucharist in four eras or events: the first century, the Middle Ages, the Council of Trent, and the Second Vatican Council.
10. At Eucharist, what is the high point of the Liturgy of the Word? What is the high point of the Liturgy of the Eucharist and of the Mass itself?

Lesson 4:

1. How did Jesus address the issue of human suffering?
2. In early centuries of the Church, why did people typically put off receiving the Sacrament of Penance until a time near their death?
3. Explain each part of the Sacrament of Penance: contrition, confession, and satisfaction.

4. What are the scriptural roots of the Sacrament of the Anointing of the Sick?
5. Name the essential elements of the Sacrament of the Anointing of the Sick.

Lesson 5:

1. Why are Holy Orders and Matrimony called “Sacraments at the Service of Communion”?
2. Why does the Church ordain only males?
3. What are the effects of the Sacrament of Holy Orders?
4. How are the spouses the ministers of the Sacrament of Matrimony?
5. What are ways the effects of the Sacrament of Matrimony are witnessed in the life of the couple?