

The Rosary: A Meditation Podcast Project-Based Lesson Overview

Topic:

The Blessed Mother and the Rosary

Driving Question(s)

Through prayerful reflection on the Mysteries of the Rosary, what is Mary's role in bringing us closer to God and deeper in our relationship with her Son?
In what ways can we use modern media as a tool to evangelize our Catholic faith?

Objectives

- Explore to understand the history, purpose and power of the Mysteries of the Rosary.
- Analyze and reflect on one assigned Mystery of the Rosary through Scripture and Sacred art.
- Collaboratively synthesize reflections and meditations on assigned Mystery to deepen understanding and prepare to teach it through the creation of a podcast segment.
- Reflect on the impact the Mysteries of the Rosary have on the spiritual life of an individual and the communal life of the Church.

Materials

- *Catechism of the Catholic Church*
 - Pp. 484-511; 721-726; 963-975
- *A Journey Through the Catechism*
 - Chapter 7 (pgs. 101-112)
 - Question 73 (pg. 108-109)
- *Catholic Bible*
- *Computer/Recording Device (recording of podcast)*
- *Word Doc/Written Notes Sheet (for draft)*
- *Rosary Cheat Sheet*
- *Podcast Rubric*
- *The Rosary: A Meditation Podcast Overview and Directions Sheet*

Important Info to Know

Vocabulary:

Annunciation:

The visit by the angel Gabriel to the Virgin Mary to announce that she would be the mother of the Savior. After giving her consent, Mary became the mother of Jesus by the Power of the Holy Spirit.

Ascension:

The event that "marks the definitive of Jesus' humanity into God's heavenly domain" (*CCC, 665*). It is from Heaven that Christ will come again.

Assumption of the Blessed Virgin Mary:

The Church dogma formalized by Pope Pius XII in 1950 that teaches that the Blessed Mother was taken body and soul into Heaven when her earthly life was over.

Immaculate Conception

The belief that Mary was conceived without Original Sin.

New Eve:

By her complete obedience to God's will, Mary is the New Eve. As announced in the Protoevangelium, Mary is clearly the New Eve who, unlike the original Eve, will avoid temptation and sin and remain always pure.

Rosary

A prayer in honor of the Blessed Virgin Mary which repeats Hail Mary's over five decades of prayers separated by the Our Father. Each decade meditates on a mystery in the life of Jesus.

Virgin Birth:

A Church dogma that teaches that Jesus was conceived through the Virgin Mary by the power of the Holy Spirit without the cooperation of a human father.

Outline and Timeline

*****This is an in-class project. Only work on this at-home if you do not finish the project in the workdays allotted to you. *****

Day 1: Rosary & Prayer

- Call to Holiness Activity.
- Lecture and discussion on the Rosary.

Day 2: Review & Plan

- Pray the Rosary & discuss.
- Receive assigned Mystery.
- Review basic overview/expectations of upcoming project.

Day 3: Individual Contemplation

- Lectio Divina over Mystery.
- Art reflection over Mystery.
- Reflection Discussion with Mystery Group.

Days 4-6: Meditation & Collaboration

- Create Outline Podcast Segment(s).
- Discuss with Rosary Group.
- Combine and edit draft segments.

Days 7-8: Finalize & Publish

- Record, combine, and edit audio segments.
- Write individual reflection.

Day 9-10: Share & Evangelize

- Whole class listening party & discussion.

The Rosary: A Meditation Podcast

Project Instructions

In this project, you will come to a deeper understanding of praying the Mysteries of the Rosary by creating a podcast episode with a collaborative group. You will work independently to do an in-depth reflection and meditation on **ONE** mystery of the Rosary; additionally, in your small groups, you will come together to record a full-length podcast episode on one of the four sets of the Mysteries of the Rosary. You and your team will reflect, meditate, collaborate, and create this episode as a way to use digital modern media as a tool to evangelize. The goal of this project is to not only create a podcast but to educate others, and yourself, on the power of meditation, especially through the Rosary, on the spiritual life.

In class, we will discuss the Rosary and its ability to bring us closer to God and deeper relationship with the Blessed Mother and even closer to her Son. Each of you will have an individual mystery you will be assigned by your teacher. You will reflect and meditate on this Mystery using Sacred Art and Scripture. You will then create a script to record a segment/decade. You will then be put into a small group, and together you will create **one** podcast on a set of Rosary Mysteries. Each member of your group will record a decade with their personal reflections/meditations in the podcast. At the end of the podcast, your group will share a **core message** summarizing what this Mystery reveals about Christ love and how it connects to the Paschal Mystery. This podcast will then be shared with the school and parish community, as well as the Church Worldwide as a means of evangelization.

INDIVIDUALS

**Note: What you will do to create your script for your segment of the Rosary Podcast. This is also what you will record for your segment of the script (more information is below in the TASK section). **

- You will write all your reflections and drafted script on either a Word Doc or a written sheet of paper to turn in to your teacher.
- Art Reflection (*Visio Divina*)
 - Study Sacred Art provided (*in textbook pgs. 108-109*).
 - Reflect to describe in your recording.
 - What stands out visually?
 - What is Mary or Jesus doing?
 - How does this image express the Mystery?
- Scripture Reflection (*Lectio Divina*)
 - Read the assigned passage 2–3 times silently (*in textbook pgs. 108-109*).
 - Reflect on key words, emotions, and messages for your recording.
 - What is happening in this scene of Jesus' life?
 - What does this Mystery teach us about God's love?
 - How does this Mystery relate to my own faith or struggles?
- Any other personal reflections.
- Record your segment to combine with your group members.

GROUPS

- You will form a small group of five students as there are five decades/Mysteries of the Rosary.
- Each group member will be assigned their own Mystery to reflect, meditate, and create a script to record in the podcast.
- As a group, you will share your personal reflections and meditations in discussions to get feedback on the collaborative podcast script that will be recorded and published.
- **Below is an overview of what is expected of the group to accomplish:**

- o Share personal reflections, Scripture insights, and emotional takeaways.
- o As a group, develop a 3–4 sentence “**core message**” summarizing what this Mystery reveals about Christ love and how it connects to the Paschal Mystery (*this will be used in the podcast*).
- o Create and finalize the full podcast script:
 - Group introduction and opening prayer.
 - Each student’s recitation/reflection of their assigned Mystery (*will lead the whole decade*).
 - Closing “**core message**” and prayers/intentions for school/parish community.
- o Record, publish, and edit podcast.

TASK:

This is a step-by-step breakdown of what is expected of you for this podcast. Use it as a checklist as you work to ensure you are completing all requirements.

☐ **What is required to turn in:**

- ☐ **ONE** podcast for the entire group (*record on computer, phone, or recording device*).
- ☐ Reflection organizer or Notes Sheet for **EACH** member of your group.
 - Ensure it has your draft script and personal reflections on it
 - Ensure it has the name of your Mystery, name of sacred art, and scripture reference as well
 - Needs to be legible if written out in pencil/ink.
 - **Write in complete sentences only please!**

☐ **Content:**

- o Everything should come from these reliable sources:
 - *Your own personal reflection/meditation.*
 - *Catholic based commentary (can be found in your Bible or other Catholic books/podcast available to you).*
 - *Sacred Art.*
 - *Catechism of the Catholic Church.*
 - *Scripture.*
 - *A Journey through the Catechism (textbook).*

☐ **Podcast requirements:**

****Note: There will be NO copy and pasting information from another podcast, that is plagiarism. You must put the information in your own words.****

- ☐ **Title of Podcast (*for publication*)**
 - Title as follows:
 - *The Joyful Mysteries: Episode 1*
 - *The Luminous Mysteries: Episode 2*
 - *The Sorrowful Mysteries: Episode 3*
 - *The Glorious Mysteries: Episode 4*
- ☐ **Group Introduction/ Opening Prayer**
 - Welcome Message
 - Names of all members in your group.
 - Name of Course, School, and Class period.
 - Introduce the **Set** of Mysteries (*Joyful, Luminous, Sorrowful, or Glorious*)
 - Rosary Prayers:
 - Sign of the Cross
 - Apostle’s Creed
 - Our Father
 - Three Hail Mary’s
 - Glory Be

□ **Individual Segments (the Mysteries/Decades)**

- Announce the Mystery
- Announce Fruit of the Mystery
- Reflection:
 - Description of Sacred Image that accompanies that Mystery.
 - Scripture Reading (*on paper for you*).
 - Scripture Reflection (*1-2 insights from Lectio Divina*).
- Rosary Prayers for your decade:
 - Our Father (*after meditation and reflection*).
 - Ten Hail Mary's
 - Glory Be
 - Fatima Prayer

□ **Core Message/Closing Thoughts**

- Rosary Prayers to Close:
 - Hail Holy Queen
 - Sign of the Cross
 - Core message
- Closing Prayer (*this is optional, include if you wish*).
- Any prayer intentions (*this is optional, include if you wish*).

□ **Other requirements:**

- Publish to **SoundCloud**
 - Create a free account for **ONE** person in your group to upload recording.
 - Write a brief description (*including course, class period, and name of school*).
- Ensure your file is edited (*can be done on your computer for free*) as an **mp4 file**.
- Share the link to your podcast on SoundCloud to your teacher to turn-in.

□ **Resources:**

- For ideas on how to structure your podcast, use these resources as a guide:
 - Daily Rosary Meditations Podcast: Offers varying reflections on different topics
 - <https://www.dailyrosarymeditations.com/>
 - Benedictine College Media: Offers reflections over the Mysteries to aid your reflection
 - <https://media.benedictine.edu/tag/rosary-meditations>