Name

Handout 5-A

Date

**Reflections on Divorce**

Take some time to write thoughtful responses to these prompts.

1. Describe your own experience of divorce. For example, is divorce present in your own family (immediate or extended)?

How about in the families of your friends or neighbors? If you don’t have firsthand experience of divorce, what portrayals of divorce have you seen in the media?

2. How have the experiences you described in question 1 shaped your perspective on divorce? What have you learned about divorce from these experiences, especially its effects on families, children, and society?

3. Name three strategies that you think might help prevent divorce. These could be aimed at young people such as yourself, people who are engaged or seriously considering marriage, or couples who are already married.

4. What aspect of the Church’s teaching on divorce would you feel most confident explaining to someone who is not

Catholic? How would you go about explaining this teaching, especially if the person were skeptical or resistant?

Handout 5-A continued

5. What aspect of the Church’s teaching on divorce do you find most difficult to understand or accept? Why?