



# Understanding the Creeds

## **Selection from the Athanasian Creed**

Now this is the Catholic faith: We worship one God in the Trinity and the Trinity in unity, without either confusing the persons or dividing the substance; for the person of the Father is one, the Son's is another, the Holy Spirit's is another; but the Godhead of the Father, Son and Holy Spirit is one, their glory equal, their majesty coeternal.

## **The Apostles' Creed**

I believe in God, the Father Almighty, creator of heaven and earth.  
I believe in Jesus Christ, His only Son, our Lord.  
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate, was crucified, died and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven, and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **The Nicene Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God, Eternally begotten of the Father, God from God, Light from Light, True God from true God, Begotten, not made, one in Being with the Father. Through him all things were made.  
For us men and our salvation he came down from heaven: By the power of the Holy Spirit he was born of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate; He suffered, died and was buried.  
On the third day he rose again in fulfillment of the Scriptures;  
He ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead, And his kingdom will have no end.  
  
We believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy Catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection from the dead, And the life of the world to come.  
Amen.