

# *The Seven Sacraments: Signs of God’s Love*

## *Student Textbook Video Supplements*

### **Chapter 5: The Sacrament of Penance**

<b>Video Title (Link)</b>	<b>Film Focus</b>	<b>Discussion Questions</b>	<b>Text Focus</b>
<p><a href="#">Sacraments 101: Penance (why we confess)</a> Produced by @bustedhalovideo</p>	<p>An introduction to Reconciliation answers the question “Why do we have to confess our sins to a priest?”</p>	<ol style="list-style-type: none"> <li>1. What do you think forgiveness really means? Does it mean forgetting and excusing, or something else?</li> <li>2. In what ways is sin the worst problem we have?</li> <li>3. What does the Sacrament of Reconciliation reveal about God’s mercy?</li> </ol>	<p>Introduction What Do We Do about Sin?</p>
<p><a href="#">Jesus Protects Women From Being Stoned To Death   The Passion Of The Christ Scene 4K</a> Produced by @PursuitOfTruthOfficial</p>	<p>Clip from the film <i>The Passion of the Christ</i> depicts Jesus forgiving the woman caught in adultery.</p>	<ol style="list-style-type: none"> <li>1. Have you ever experienced real peace after forgiving someone or being forgiven? How did that feel?</li> <li>2. Why do you think Jesus placed such emphasis on mercy?</li> <li>3. Do you think God’s forgiveness is ever limited?</li> </ol>	<p>Section 1 Origins of the Sacrament of Penance</p>
<p><a href="#">I Confess</a> Produced by @LifeTeenInternational</p>	<p>A simple reenactment depicts a young person going to Confession to encounter God's mercy and forgiveness.</p>	<ol style="list-style-type: none"> <li>1. What comes to mind when you hear the word <i>Confession</i>? Why?</li> <li>2. What’s the difference between saying, “I’m sorry,” in prayer and going to Confession?</li> <li>3. Why do you think Jesus gave the Church the authority to absolve sins through priests?</li> </ol>	<p>Section 2 Celebrating the Sacrament of Penance</p>

<p><a href="#">DOs and DONTs of Confession</a> Produced by @LifeTeenInternational</p>	<p>Funny sketch describes how to go to Confession.</p>	<ol style="list-style-type: none"> <li>1. What has your experience of Confession been so far?</li> <li>2. How often do you think we should go to Confession? Why do you think the Church encourages regular Confession even if we don't have mortal sins?</li> <li>3. What can help you prepare for Confession—for example, an examination of conscience, prayer, or quiet time?</li> </ol>	<p>Section 2 Celebrating the Sacrament of Penance</p>
<p><a href="#">How to Overcome Embarrassment during Confession</a> Produced by @jasonevert</p>	<p>Fr. Agustin Torres, CFR, shares wisdom on how to overcome embarrassment during Confession.</p>	<ol style="list-style-type: none"> <li>1. Has there ever been a time when you felt nervous about going to Confession, but you went anyway? How did you persevere through the discomfort?</li> <li>2. Why is it sometimes hard to admit our sins—to God, to ourselves, or to another person?</li> <li>3. How can regular Confession actually help us become more free, not more ashamed or guilty?</li> </ol>	<p>Section 2 Celebrating the Sacrament of Penance</p>
<p><a href="#">Priest: Why I Cried During This Confession</a> Produced by @ParadisusDei</p>	<p>Fr. Christopher Meyer recounts receiving a Confession that moved him to tears.</p>	<ol style="list-style-type: none"> <li>1. What do you think it means that the priest acts <i>in persona Christi</i> (in the person of Christ) during Confession?</li> <li>2. Why is the physical experience of the Sacrament of Reconciliation important?</li> </ol>	<p>Section 3 The Effects of the Sacrament of Penance</p>

		3. In what ways does the Sacrament of Reconciliation heal us beyond absolution?	
<a href="#">Making a Good Confession (Examining Your Conscience)</a> Produced by @BreakingInTheHabit	Fr. Casey gives wisdom and tools for how to make a good examination of conscience.	1. How do you know when you've truly forgiven someone? What are some signs of real healing? 2. Why do you think Jesus connected forgiveness to freedom? 3. How does it look to live in and with mercy?	Section 4 Living the Sacrament of Penance