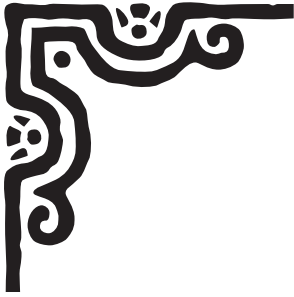


Name \_\_\_\_\_

Date \_\_\_\_\_

Handout 4-A



## The Fatiha

In the Name of Allah

The Compassionate

The Merciful

Praise be to Allah, Lord of the Creation,

King of Judgment Day!

You alone we worship, and to you alone we pray for help.

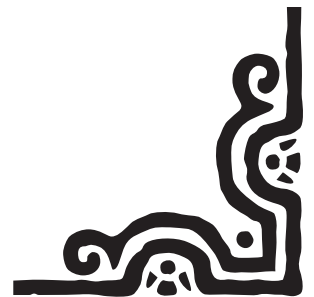
Guide us to the straight path

The path of those whom you have favored,

Not of those who have incurred your wrath,

Nor of those who have gone astray.

(Surah 1:1-7)



Name \_\_\_\_\_

Date \_\_\_\_\_

#### Handout 4-B

## ..... Sample Salah Prayer .....

Salah, or praying five times a day, is one of the Five Pillars of Islam. Prayer is conducted at the following times of the day: dawn, noon, afternoon, sunset, and night. The prayers reflect submission to one true God, called Allah. Islam teaches that these daily prayers should take place facing Mecca, Saudi Arabia. All of the positions held during salah can be found in the Qur'an.

### ***Directions for praying salah.***

1. Accurately state the Shahadah.
2. Face Mecca. (Use a Qibla app to determine.)
3. Stand and state the time (dawn, noon, afternoon, sunset, or night).
4. Remain standing and raise your hands to the sides of your face. As you move your hands up toward your face, recite the following: "Allahu Akbar," which means "God is great."
5. While continuing to stand, recite the following: "Praise be to God, Lord of the universe. Guide us in the right path."
6. Bow down to the waist, keeping your legs straight. Place your hands on your knees. As you move to the bowing position, say, "Allahu Akbar." While bowing, say, "Glory be to God."
7. As you stand up straight again, say, "God responds to those who praise him."
8. Stay in a standing position only a second, and then fall prostrate. That is, go down on your knees and place your forehead on the floor about one to two feet in front of your knees. As you go from the standing position to the prostrate position, say, "Allahu Akbar."
9. During prostration, say, "Glory be to God, the Most High."
10. Sit up from the prostration position and say, "Allahu Akbar."

Name \_\_\_\_\_

Date \_\_\_\_\_

#### Handout 4-C

## XXXXXXXXXXXX Abraham's Sacrifice XXXXXXXXXXXXXXX

Read the following texts and differentiate between the Islamic and Judeo-Christian versions of Abraham's sacrifice.

When Ishmael reached the age of work, Abraham said to him, "O my son! I see in vision that I offer thee in sacrifice." So when they had both submitted their wills (to Allah), Abraham had laid him prostrate on his forehead. (Surah 37:102-109)

Some time afterward, God put Abraham to the test and said to him: Abraham! "Here I am!" he replied. Then God said: Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There offer him up as a burnt offering on one of the heights that I will point out to you. Early the next morning Abraham saddled his donkey, took with him two of his servants and his son Isaac, and after cutting the wood for the burnt offering, set out for the place of which God had told him. (Gn 22:1-3)

XXXXXXXXXXXX

### ***Discussion Questions***

- What type of things do you sacrifice for God in your faith tradition?
- What are some examples of sacrifice from literature and/or in contemporary media?
- Why is sacrifice important?

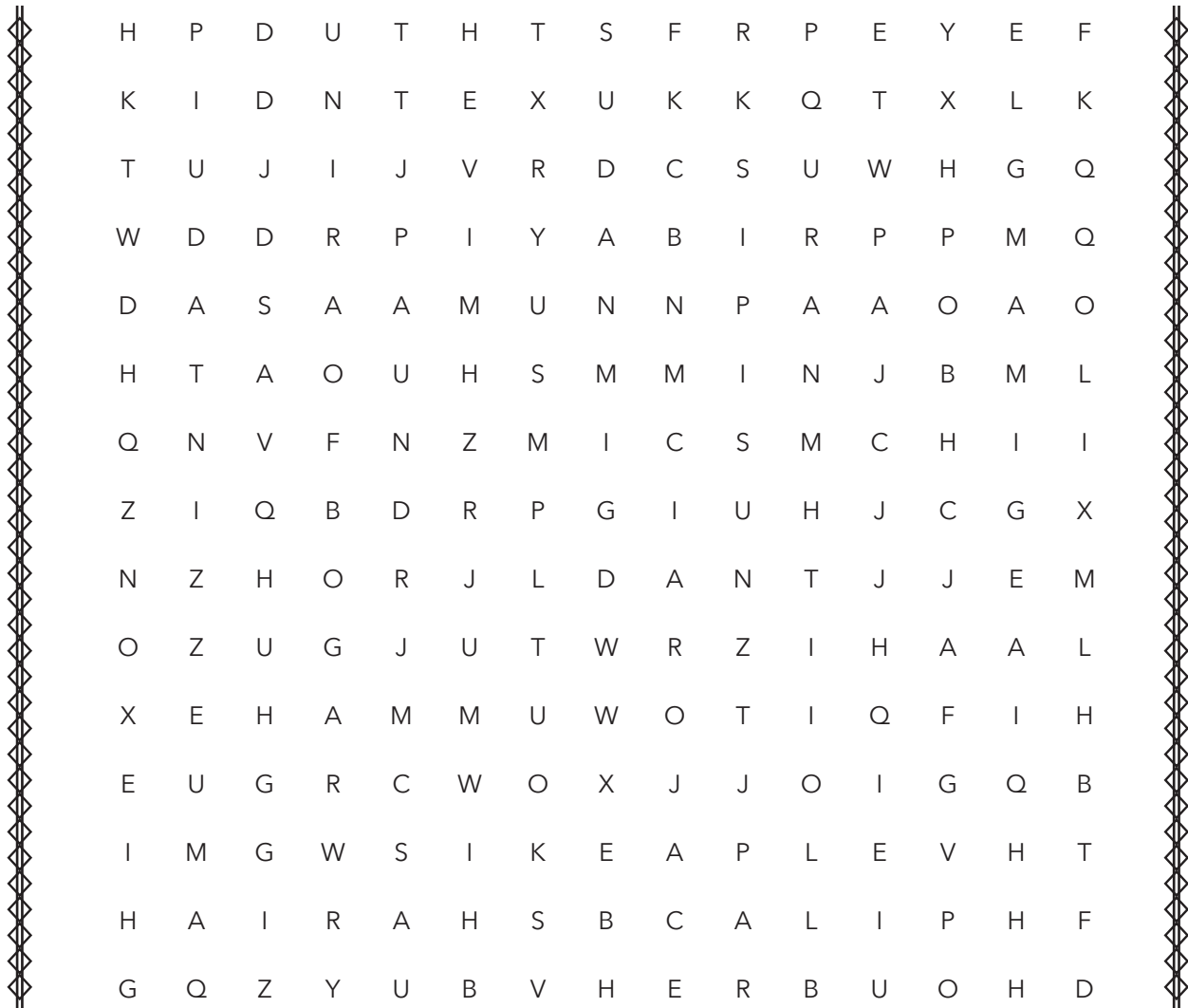
Name \_\_\_\_\_

Date \_\_\_\_\_

**Handout 4-D**

# Islamic Word Search

*Directions:* Test your knowledge of Islamic terms by completing this word search. Words can be found horizontally, vertically, or diagonally. Words may be spelled from left to right or right to left, from top to bottom, or from bottom to top. Letters may overlap between two words.



## Clues

1. Traditional Islamic political ruler
2. Contains words and deeds of Muhammad
3. Pilgrimage to Mecca
4. Traditional dress of Islamic women
5. Meaning "migration"
6. Islamic leader, usually adept at Islamic studies
7. Tower on mosque
8. One who calls Muslims to prayer
9. Sacred scriptures of Muslims
10. Islamic law
11. The Islamic community
12. The Islamic ritual cleansing before prayer

# Comparing Islam and Catholicism

*Directions:* Use your textbook to briefly compare the beliefs of Islam and Catholicism in the following areas. Note that there are both similarities and differences of belief.

BELIEF	ISLAM	CATHOLICISM
Abraham		
Nature of God		
Understanding of Jesus		
"Isms" like secularism, materialism, and racism		
Family life		

Name \_\_\_\_\_

Date \_\_\_\_\_

#### Handout 4-F

## Faith and Football

Faith and football at Notre Dame have gone hand in hand since the famous Fighting Irish began playing college football in 1887.

As part of its Catholic tradition, Notre Dame players go to Mass on the night before games. The players are also given a religious medal, usually of a saint. Theology courses are also part of any student's curriculum, including the curriculum of football players.

But during the 2002-2006 seasons the faith and football connection took on a new context. Ryan Harris, a 6'3" offensive tackle from St. Paul, Minnesota, was not only an All-American player, he was a practicing Muslim. His parents, who had explored a few different religions themselves, allowed Ryan to make his own decision about which religion he would practice.

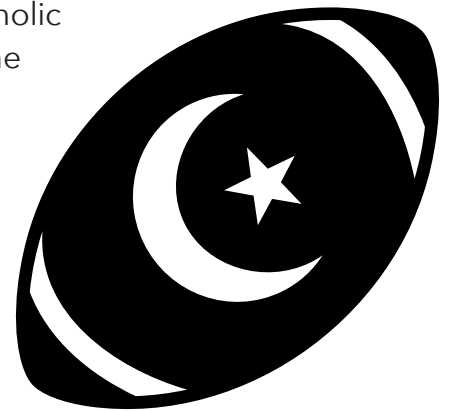
It was in an eighth grade social science course that Ryan's interest in exploring Islam more closely was sparked. "At the time, I was searching for my beliefs and what I believe about God. I looked into it and decided that I believe in God, Jesus, Moses, and Abraham. And I believe that Muhammad brought the last message," Harris said.

While at Notre Dame Ryan took several classes in Arabic. "I speak Arabic just a little bit. I know the alphabet and I can give you some words I know from the mosque, but I could not carry on a conversation."

Ryan also was very involved with his teammates in the local community, including volunteering to teach and coach football at a local Catholic parish and at the boys and girls club. Along with his teammates, he kept the Notre Dame tradition of attending Mass before games and receiving a religious medal.

"I go to Mass with the team. I feel very fortunate to be able to spend time with my teammates, especially time to relax and place God in my thoughts before a game. It makes me feel thankful for all the blessings I have received," he says.

Ryan said that later in his life he would like to make a hajj to the holy sites of Islam. He had a successful career in the NFL after leaving Notre Dame and now is a football broadcaster.



More information about Ryan and his Islamic faith: <https://www.twincities.com/2019/05/31/playing-days-over-ex-cretin-star-ryan-harris-focuses-on-muslim-faith-broadcasting-inspiring-others/>.