Name Date

Handout 7-C

Reflections on the Holy Spirit

1. Describe one experience you have had of feeling the Holy Spirit's presence with you, empowering you to bear witness to your faith. This could have occurred at an explicitly religious event—such as your Confirmation, or another liturgy, or a retreat—or it may have happened in the context of your normal, everyday life. Describe this experience in as much detail as you can. What happened? How did you feel? How did this experience shape or change your perspective on your faith and/or on your mission and purpose in the world?

2. Which of the Holy Spirit's gifts do you need most in your life right now? (As a reminder, the gifts of the Holy Spirit are wisdom, understanding, right judgment, courage, knowledge, reverence, and wonder and awe.) Why, how, or in what way?

3. Write your own prayer to the Holy Spirit. Invite the Spirit to be with you, and ask for whatever you need.