

Name _____ Date _____

Handout 4-A

Natural Family Planning: Further Research

Go to <http://marquette.edu/nursing/natural-family-planning.php>. This is the website of Marquette University's Institute for Natural Family Planning (NFP). Navigate through the site in order to find answers to the following questions.

1. Who can use the Marquette Model of NFP?

2. What are the three signs of fertility the Marquette Method monitors to determine a woman's fertile window?

3. What is the purpose of monitoring a woman's signs of fertility?

4. What is the mission of the Institute for Natural Family Planning?

5. List three potential health problems that are linked with indicators of the menstrual cycle.

6. What are three positive philosophical benefits of NFP?

7. Write at least one question you have about NFP.
