

Name _____

Your Life in Christ

Chapter 1 Directed Reading Worksheet

The Gift of Being Human

Date _____

Directions: Read through the chapter and fill in the missing information. All the questions run sequential to the chapter. If a true/false statement is false, correct it.

Introduction: *The Unique Gift of Being Human* (pages 3–5)

1. True or False? We are endowed with Godlike qualities to choose, think, love, and related to others.
2. Why did God create us in his image and likeness?
3. The Church, filled with the life of the _____, is a communion of love. God is the _____ communion of Father, Son, and Holy Spirit, united in a free and eternal _____ of love. We too are created with the ability to _____ and relate to others in _____, and to share the very love that _____ Father, Son, and Holy Spirit.
4. Because God created us as _____ persons and _____ our bodies by the gift of a soul, we can _____ God's Trinitarian life of love by forming a _____ of love with others in community. As human beings, we have the capacity to enter into a _____ relationship with God. Only _____ and humans can know and love God.

Section 1: *Humans Are Made in God's Image* (pages 6–12)

5. What are five truths we learn about God in the first creation account in the Book of Genesis?
6. True or False? Pope John Paul II observed that only the human body is capable of making visible what is invisible or spiritual.
7. True or False? All of creation is sacred, including our bodies, belong to God and should be treated with reverence.
8. A starting point for understanding _____ is to admit that we are not God, rather, we are _____. As part of the covenant _____ we have with God, he has the _____, ability, and power to ask certain behaviors of us. Through the gift of _____, he makes possible _____ behaviors. Acknowledging God, _____ his goodness, and worshipping him _____ are behaviors of a moral person.
9. What are two reasons why people must care for the environment responsibly?

21. Explain how human dignity is inherent, inviolable, and inalienable.
22. The beginning of _____ living is to respect everyone. Showing _____ means refraining from using people as a _____ to an end and as _____ rather than people. It means everyone is a _____, not a something and that every person merits respect, regardless of social _____, accomplishments, education, skin color, _____, sexual orientation, religion, nationality, _____ background, or contributions to society.
23. True or False? God created most of us with both a body and a spiritual and immortal soul and these together make each of us a single, unique person.
24. What realities are given to us by our human souls?
25. Humans are the only earthly creatures who “_____,” meaning we are rational beings. Because of our _____ we can discover _____ which will lead us to recognize the _____ of God urging us to do good and avoid evil. We are _____ to follow the divine law which is made known through our _____ and fulfilled by loving _____ and neighbor.
26. Explain the importance of the gift of free will.
27. True or False? Because of our instinct, human beings are able to make free choices, to make ourselves good or bad.
28. How does the author define love?
29. What makes our actions either moral or immoral?
30. True or False? Choices build a person’s moral character: good choices build it up and bad choices tear it down.

31. Our God-given _____ can help us become more virtuous. The more we _____ ourselves to practice the _____, the better and more moral we will become. The _____ virtues – faith, hope, and charity – bring life to our moral actions and give them their special _____. Human virtues rooted in the theological virtues _____ our actions and help us make _____ choices.
32. What examples does the author give of how we may have individually learned and improved following mistakes and sins? What about humanity collectively?
33. Using the sidebar on human development in the womb before birth, identify the correct period with each of these descriptions:
- The baby can swallow and open and close his or her mouth
 - The baby weighs about 2 – 2.5 pounds and can open his or her eyes and move arms and legs freely
 - The baby's organs develop enough to function on their own.
 - The baby can hear sounds, can kick, cry, or hiccup
 - The child's gender, hair color, and eye color have been determined and the heart has begun beating.

Section 3: *The Social Nature of Humans* (pages 21–24)

34. What is the vocation of every person?
35. The Church teaches that the most _____ are obliged to share their fortune with others, especially those _____ in need. This is because the _____ is “the principle, subject, and object” of every society. _____ gives us the spirit of generosity and helps us _____ that people are members of the same human family, called to _____ each other.
36. True or False? Catholics should help to eliminate sinful inequalities of wealth and social status.
37. True or False? The Church teaches that not all people have the right or duty to participate in the various societies to which they belong.
38. What are two ideas that the common good requires of both individuals and societies?
39. The principle of _____ says that larger societies should support the participation of _____ and lower-level communities without taking over functions these _____ units can handle themselves. Those in authority must serve the _____ and use their power in morally acceptable ways, promoting _____ which brings stability and security so that _____ can take place.

40. What examples of the subsidiarity are provided by the author?

Section 4: *Jesus Is the Savior of Humanity* (pages 25–27)

41. God sent his Son, Jesus, to _____ how to live a moral life. Because of _____, we are subject to ignorance, suffering, and the domination of _____. This Original Sin has afflicted the _____ human race and is harmful to both _____ and society. Human _____ proves that humanity remains in need of a _____ to deliver us from the condition of sin.

42. How does the CCC define salvation?

43. In what way is Jesus the Savior?

44. True or False? The Holy Spirit – sent by God the Father and God the Son – unleashes his power and graces on the world so that everyone is capable of living holy and moral lives.

45. True or False? Catholics gain new life in the Holy Spirit through acts of selfless charity whereby the stain of Original Sin is wiped from their souls.