

# ***The Holy Catholic Church, Chapter 4:***

## ***The Church Rises to Prominence***

### ***Textbook Video Supplements***

#### **A Day in the Life of a Monk**

<https://www.youtube.com/watch?v=KahAIM134hw> | Produced by All Good in the Brotherhood @allgoodinthebrotherhood

Ch. 4 › Introduction (An Era of Great Achievements) › The Rise of Monasticism and Devotions to Saints

##### **A Monk shares an average day in his monastic life.**

1. *In our fast-paced, technology-driven world, what lessons can we learn from the monastic values of simplicity, silence, and prayer?*
2. *What are some small ways you can incorporate monastic practices into your own life?*
3. *How is monastic life countercultural to the materialism and individualism of our society? Why does this still matter today?*

#### **“I Want to Know God’s Will: Finding a Calling to Religious Life” Mother Dolores Hart, OSB**

<https://www.youtube.com/watch?v=JafgXr5VB1s> | Produced by Franciscan University @FranciscanU

Ch. 4 › Section 1 (The Rhythm of Monastic Life) › Introduction

##### **Mother Dolores Hart, OSB, speaks on discernment.**

1. *What most strikes you about Mother Dolores’ story? Why?*
2. *Why do you think our culture so values fame, money, and celebrity?*

#### **Mini Catholic Morning Routine**

<https://www.youtube.com/watch?v=ZTqp9RCslJs> | Produced by The Religious Hippie @TheReligiousHippie

Ch. 4 › Section 1 (The Rhythm of Monastic Life) › The Universality of Monastic Practices

##### **The Religious Hippie shares her morning routine as a young adult Catholic.**

1. *How strong are your daily prayer habits? What are some areas you can improve these habits?*
2. *What element of Amber Rose’s prayer routine is most appealing to you? Why?*
3. *Why is having a “daily rule of life” so important for growing in faith?*
4. *What do you think about Amber Rose’s habit of not touching her phone until after prayer (not even to use her phone for prayer)? How do you think this habit can be helpful to prayer?*

#### **Atheist blogger adopts Catholicism**

<https://www.youtube.com/watch?v=3czEocSLT7w> | Produced by CNN @CNN

Ch. 4 › Section 2 (The Call to Holiness) › Introduction

##### **CNN news segment featuring Leah Libresco Sargent discussing her conversion**

1. *What most strikes you about Leah’s story? Why?*
2. *What evidence do you see for believing in God’s existence and goodness?*
3. *What are some ways your life would change if God did not exist?*

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## How Does the Catholic Church Declare Official Saints?

<https://www.youtube.com/watch?v=IUGRdpRJWYA> | Produced by Busted Halo @bustedhalovideo

Ch. 4 › Section 2 (The Call to Holiness) › How the Church “Makes” Saints

### Animated video that reviews the formal process of canonization

1. *What did you learn about canonization that you did not realize before?*
2. *Why are miracles so important to the process of canonization?*
3. *Who is someone you think will be canonized someday? Why?*

## Two things to know about the communion of saints

[https://www.youtube.com/watch?v=Q2F3\\_Pgk](https://www.youtube.com/watch?v=Q2F3_Pgk) | Produced by Real+True @realplustrue

Ch. 4 › Section 2 (The Call to Holiness) › How the Church “Makes” Saints

### Discussion of the impact of one life through the lens of the communion of saints and the universal call to be saints

1. *How can prayer to saints deepen your connection with God?*
2. *The saints were ordinary people who faced challenges but pursued holiness seriously. How do the saints show that holiness is possible for everyone, no matter their circumstances?*

## National Eucharistic Congress Part 4: “Become Saints”

<https://www.youtube.com/watch?v=-j3zSdb2Nvo> | Produced by Christ Stefanick @RealLifeCatholic

Ch. 4 › Section 2 (The Call to Holiness) › How the Church “Makes” Saints

### Chris Stefanick discusses personal holiness at the National Eucharistic Congress.

1. *What stands out to you about the call to holiness?*
2. *Who is someone your age who you believe is holy? What makes you believe this?*
3. *What makes it difficult to be holy? What makes it easier?*

## Peek inside Notre Dame Cathedral before the grand reopening!

<https://www.youtube.com/watch?v=ZDJNhCY6Ok&t=78s> | Produced by Today Show @TODAY

Ch. 4 › Section 4 (Building Lasting Structures and Institutions) › Cathedrals of the Middle Ages

### News report about the restoration of Notre Dame in Paris

1. *What are some of your favorite beautiful places? What does this beauty do for you internally?*
2. *What are some times and ways that God has spoken to you through something beautiful?*
3. *How does beauty help us connect with God?*
4. *Why do you think the Church has prioritized beauty in our common places of worship?*