

NAME: _____

MAKING A DECISION

Use this worksheet to analyze a decision you are currently trying to make. Ask the Holy Spirit to enlighten you and to lead you to a good decision and give you the courage to put it into action.

1. I am currently trying to decide:

2. Factors that are keeping me from deciding (or acting on my decision):

____ I need some more information before deciding intelligently.

____ It is not a pressing decision, so I have been putting it off.

____ I haven't looked at all the alternatives open to me.

____ I am afraid of the price I might have to pay if I follow through on this decision.

____ I am afraid of what others might think.

Some other factors that are holding me back:

3. Three people who could help me make this decision are:

Person:

How he/she could help:

4. What are the two worst things that could happen as a result of this decision?

5. What are the two best things that could happen as a result of this decision?

6. What advice would Jesus give you about this decision?

7. What three precise steps must you take right now to work out this decision?

8. What must you do during the coming week to move forward to your goal?

9. Having gone through this exercise, what do you think you might decide?